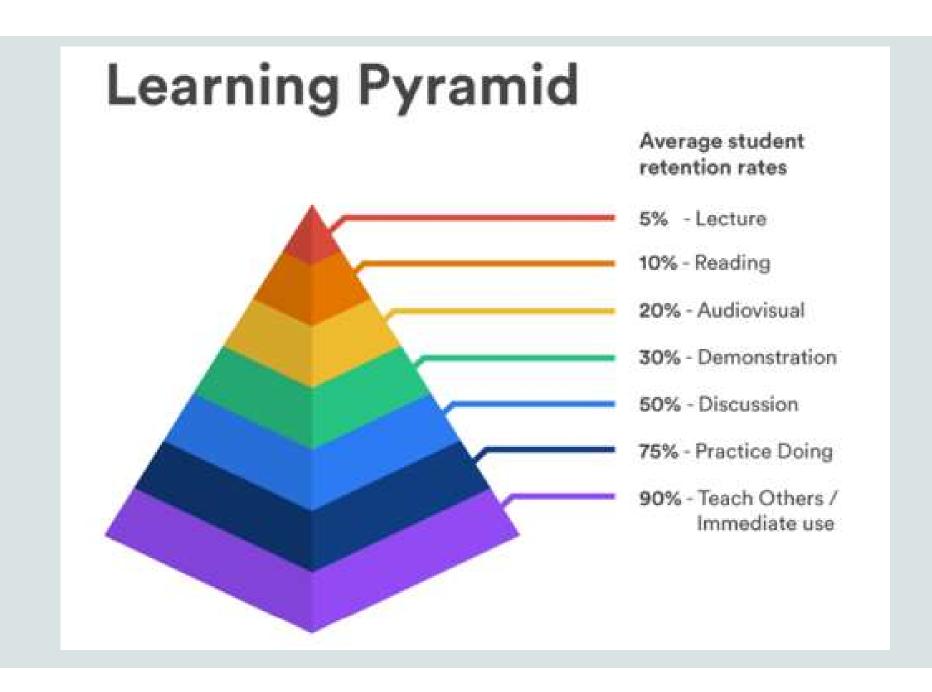
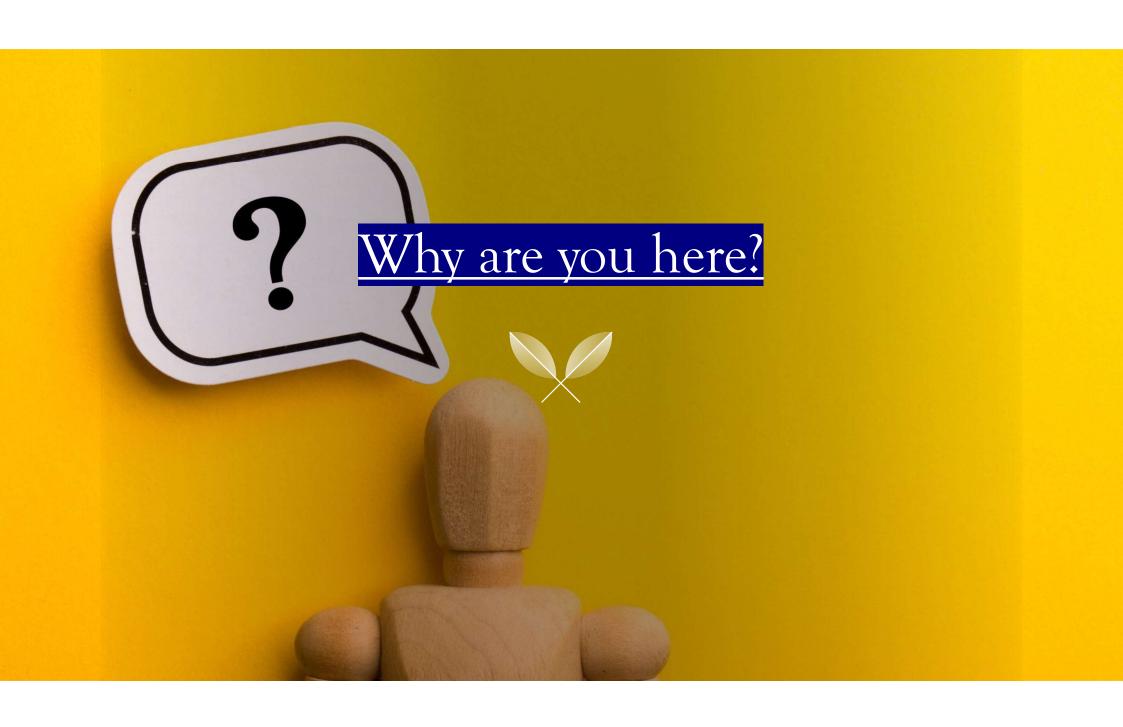
## A European School for All Children

Patrick O Hare



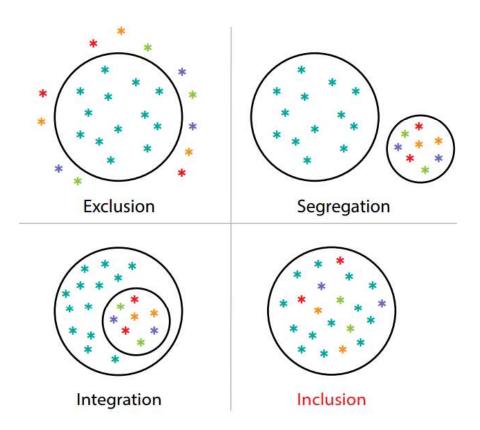




Inclusive classrooms include and support ALL children.

Every child is an equal participant in the learning process and receives the supports needed to succeed.

### What is inclusion?





# Who would you like to include better at your school?

### Teachers are role models

You are following students through pivotal stages of their development

You are the adults that students spend most of their time with

You are setting their standards for how a professional adult acts

You inspire and encourage students to fulfil their potential and to strive for greatness

## The inclusive classroom

#### What is an inclusive classroom?

- All children have equal access to education
- All children are given the opportunity to contribute
- The focus of education is on the child's abilities, not disabilities
- Learning is a communal activity, not a competition.
- Use of various resources and assistive technologies
- Inclusive schools value the input from the whole community, not just the students

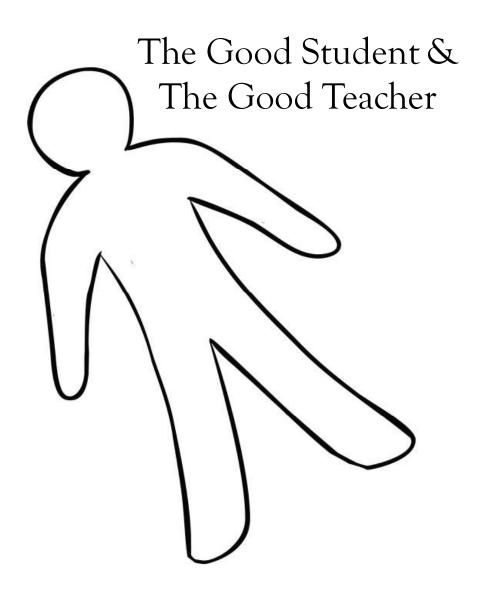
### The Inclusive Classroom

Shaping the learning environment to establish complete equality in access to education.

Development of democratic and nondiscriminatory values.

How can we do this?





Setting Expectations how 'to be' in class

Think about the **qualities or the behaviours** of a good student
/ teacher

Write them inside 'The Good Student' / teacher'

On the outside of 'The Good Student / teacher' write the behaviours that would be bad for our class

### Developing rules



Why do you think rules are important?

What rules do you have in your classroom?

How did you make the rules?

How many rules do you have?

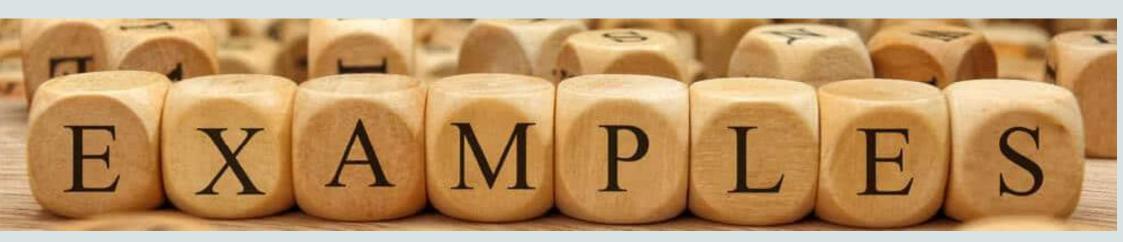
Where are the rules displayed?

How do you word your rules? For example, are they specific or general?

Were your students involved in making the rules? Why or why not?

Do you want to give your students a voice in creating the classroom rules?

- When students are a direct part of the process, they comprehend everything better.
- It creates a sense of community
- It makes them feel valued
- It ensures that their voices are heard
   When you actively ask for their opinions and thoughts, it assures them
   that you respect them as part of the class
- When students are invested in the creation of rules, they are more likely to follow them.



### Rules: Best Practices

1

Have between 5 - 7 classroom rules

2

Write rules using positive language

3

Teach and demonstrate each rule

4

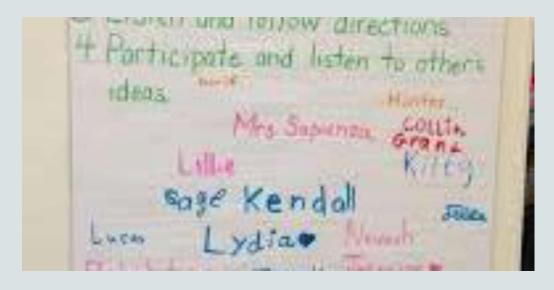
Display the rule in a prominent spot

# Reframe RULES into 'Class Contract' or 'Classroom Agreement'

- 1. Ask students' opinions
- 2. Ask for students' ideas
- 3. Summarize students' ideas
- 4. Turn ideas into rules
- 5. Sign the contract
- 6. Review the contract







### Behaviour Matrix

A table that defines expectations in various settings

- Select 3-5 positively stated rules
- · Brainstorm all the possible settings
- Clarify what expected behavior looks like for each setting

|                   | Morning Meeting | Center Time | Guided Reading | IPad Use | Test Time |
|-------------------|-----------------|-------------|----------------|----------|-----------|
| Be Respectful     |                 |             |                | la.      |           |
| Be Responsible    |                 |             |                |          |           |
| Be Ready to Learn |                 |             |                |          |           |



The classroom behavior matrix is a living document that can be altered as needed to meet the needs of your students.



As various classroom needs are identified, the matrix may be adjusted.

|                      | Morning Meeting               | Center Time                | Guided Reading                  | IPad Use                                 | Test Time                           |  |
|----------------------|-------------------------------|----------------------------|---------------------------------|--|-------------------------------------|--|
| Be Respectful        | Raise your hand to speak      | Take turns                 | Listen to others                | Use your headphones                      | Remain quiet                        |  |
| Be Responsible       | Sit in your assigned seat     | Clean up after<br>yourself | Bring required materials        | Stay on approved sites                   | Sharpen your pencil before the test |  |
| Be Ready to<br>Learn | Use the restroom before class | Keep discussions on topic  | Be prepared to answer questions | Use tools to thoughtfully solve problems | Try your best                       |  |

### Secret Strength Spotter and Classroom Management



A simple activity can reduce friction in a classroom by guiding students to focus on each other's strengths.



A shift towards the positive



Feedback from students?



'I can't wait to be caught doing good things!'

 Each student draws a name out of a hat and becomes that person's secret admirer.

#### RULES

- You can't tell anyone which name you have
- Observe your classmate all week (day)
   and find behaviours to appreciate

# Classroom Management Tool: Class Dojo



- Fun and motivating for students
- Easy to use
- Set up behaviours you wish to encourage and those that 'need work'
- Assign activities to students in the form of videos, tests, images, or drawings. When students submit the work, it is then approved by the teacher before being published on the profile, which can then be seen by the student (and the family).

#### Main Features



**Classroom**, lets teachers track class points and individual student points, and to generate reports.

**Class Story** allows teachers to post images, videos, and messages for parents and guardians to see what's happening in class.

**Messages** lets the teacher directly communicate with the entire class, individual students, and parents.



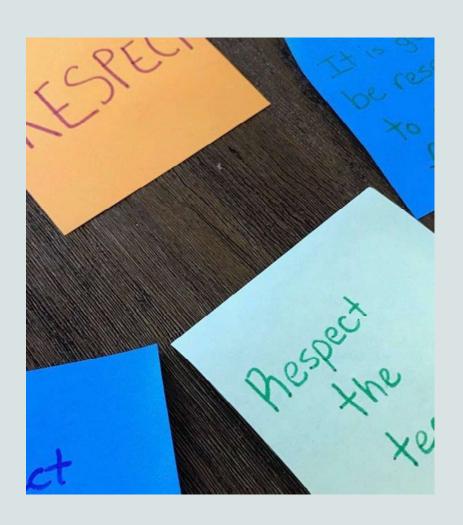


## Your students create Web Charts

- First, split your students into groups.

  Each group will need a large piece of paper and a writing utensil.
- Students write 'class expectations' in the centre of the paper. Show your students how to create a web chart. Then, show them how to add lines going from the centre circle to another circle.
- Students then share their ideas with the class
- Write common themes on the board and create a list of classroom expectations from what your students added to their web charts.





# Collaborative Sticky Note Activity

- Start with a brief discussion about the importance of expectations in the classroom. Write the main expectations your students discuss on the board.
- Create a sticky note for each expectation. These might be things like Respect, Be Kind, Work Hard, etc...
   Place each sticky note on a different table in your classroom.
- Give your students sticky notes. Then, ask them to consider each expectation. For each expectation, they write some specific ways students could follow the expectation in the classroom or why the expectation is important. Have students leave their thoughts at the corresponding tables.

### Classroom Jobs

- Increased recognition of collective responsibility.
- Better class cohesion.
- More discipline in the classroom.
- Increased sense of value and worth.
- · Increased personal responsibility



### Star helpers

- The most important step in starting class jobs, in my opinion, is having your students help you brainstorm what your classroom needs.
- Providing your students with leadership roles that they care about will work wonders for your classroom organization, classroom community, and your teacher sanity!



### Examples of jobs

- · Pencil Patrol: sharpens pencils each day, picks them up off the floor, refills the pencil jar
- **Device Duty**: plugs all Chromebooks and iPads in each day
- · Clean-up Crew: makes the classroom look EXACTLY like their teacher says it should!
- Trash Collector: makes the floor and room spotless
- Mailbox Delivery: puts \*most\* student work in mailboxes and reminds the class to retrieve their mail
- **Teacher Assistant**: Does everything! passes out papers, run errands, does any little thing I may need help with throughout the day
- Lights Manager: turns the lamps and twinkle lights on and off each day
- **Librarian**: makes the class library area look perfect for the next day
- **Desk Checker**: checks that all desks are neat and tidy (lets people know to clean them if not) and makes sure they are in line with their table group
- **Supply manager:** checks that community supplies are neat and table/student desk supplies are organized and in place

### Discussion in groups of 3

- Do you believe in assigning jobs for your students? What, in your view, are the benefits and drawbacks of assigning jobs?
- What jobs do you assign for your students?
- How do you do it? Do you have a job station?



### Establishing Caring Relationships

 Research has shown that students who perceive their teachers as <u>caring and respectful</u> are more likely to CHOOSE to:

01

Engage in prosocial and responsible behaviour

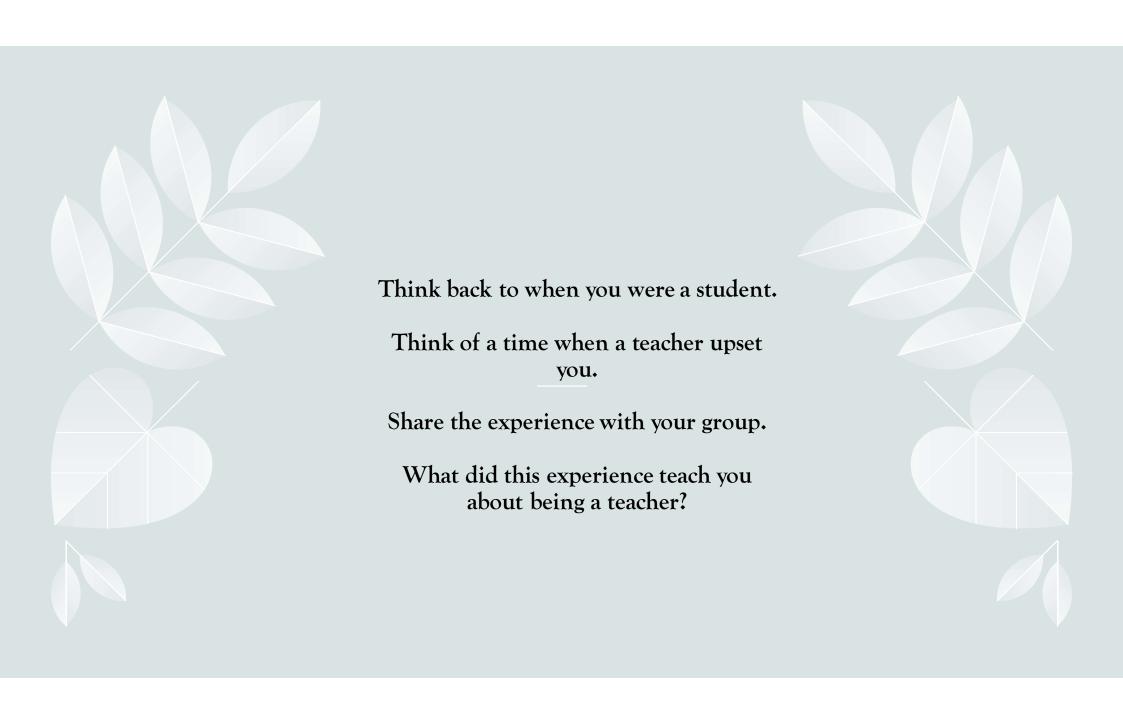
02

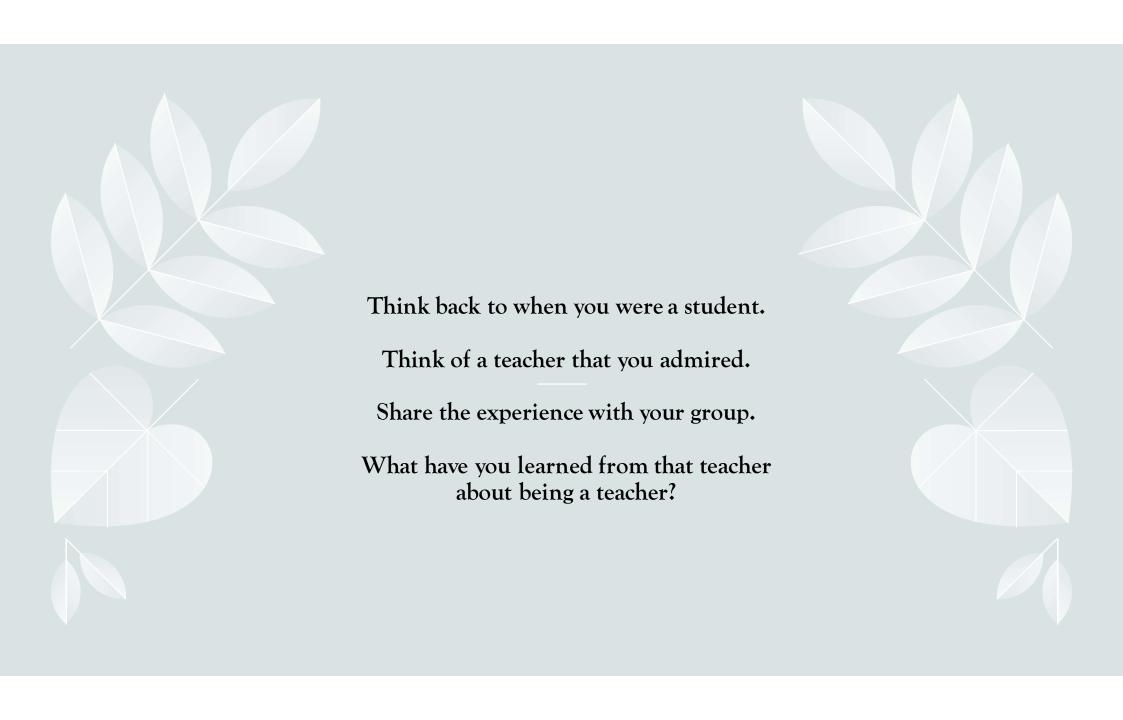
Adhere to classroom rules and routines

03

Engage in academic activities

 Students who feel their teacher cares about them are more likely to choose to behave





SEL Activity
Have you ever? Jump in/jump out

Finding connection and accepting difference

Activity

If you want to teach your students about.....

Group 1 Empathy

Group 2 Controlling your emotions

Group 3 Working Collaboratively

What choices would you offer them?

### Heaven is where....

**Heaven** is where the police are British,

the chefs French,

the mechanics German,

the lovers Italian,

and it's all organised by the Swiss

**Hell** is where

the police are German,

the chefs British,

the mechanics French,

the lovers Swiss,

and it's all organised by the Italians

Would you agree with how these nationalities are depicted?

What characteristics would you give to your own country?

### Culture

"Culture is a shared, learned system of values, beliefs and rules that shapes and influences perception and behaviour."

"Culture is the collective programming of the mind which distinguishes the members of one human group from another."

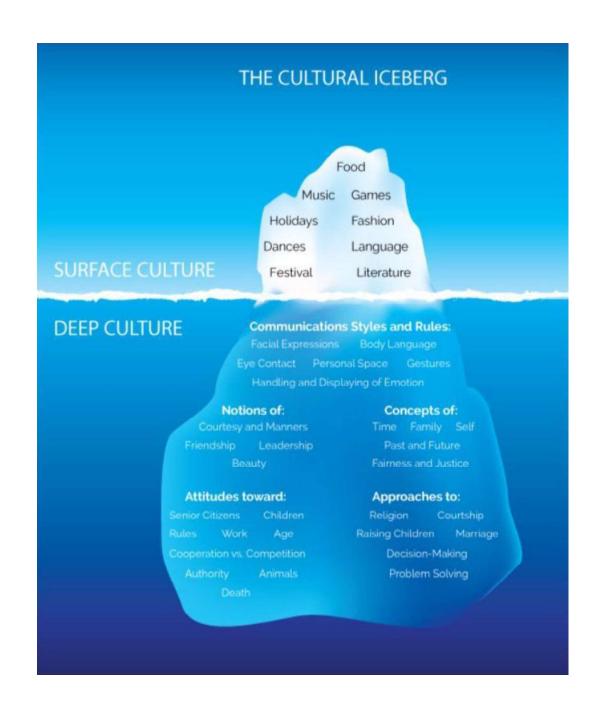
**Geert Hofstede** 



How does your school celebrate religious events?







By Edward T. Hall

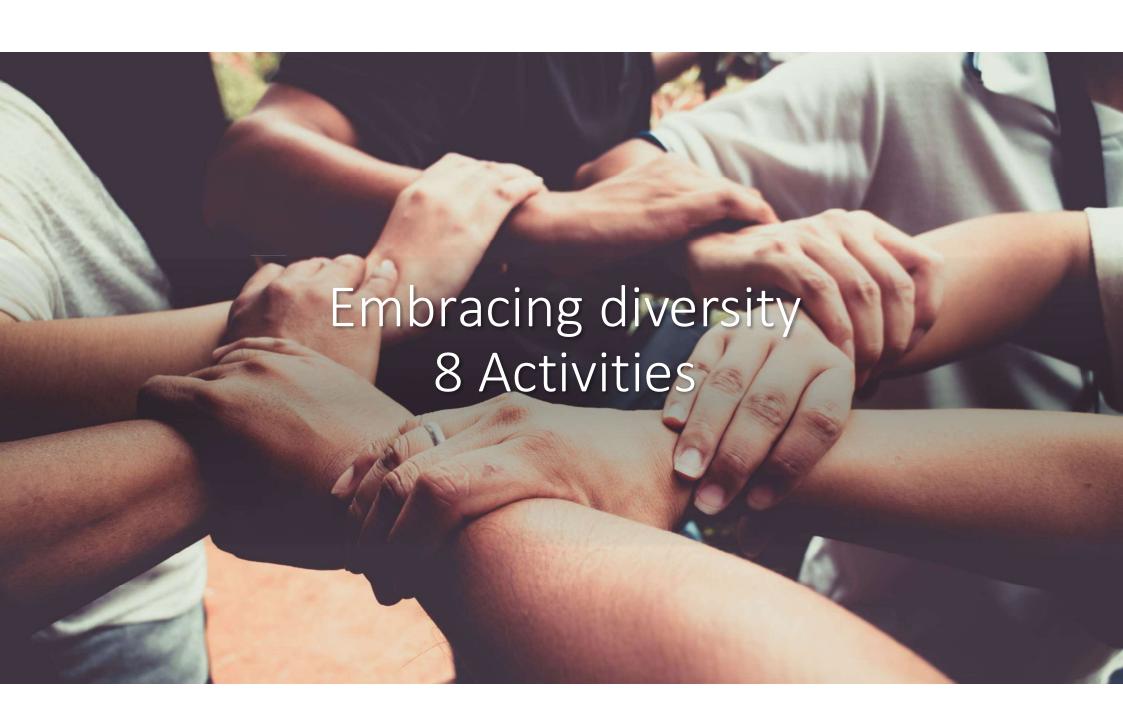




### The Culture Map

Key Ideas





### **Bullying**

# WHAT IS BULLYING?



**National Definition for Schools** 









As a teacher:

What should you do?

&

What should you not do?

#### The Do's

#### Stop the bullying immediately.

Stand between the bullied student and the bully (ies), blocking eye contact. Don't send any bystanders away. To avoid escalating the tension, wait until later to sort out the facts. Talk to the parties involved separately once they are calm.

#### Refer to school rules regarding bullying.

Speak in a matter-of-fact tone of voice to describe what you heard or saw. Let all students know bullying is always unacceptable.

#### Support the bullied child.

Do this in a way that allows him or her dignity and to feel safe from retaliation. Make a point to see the child later in private if he or she is upset. Increase supervision to assure bullying is not repeated

#### Offer guidance to bystanders.

Let them know how they might appropriately intervene or get help next time. Tell them you noticed their inaction or that you're pleased with the way they tried to help.

#### Impose immediate consequences.

Wait until all parties have calmed down. Do not require that students apologize or make amends that may be insincere. The consequences should be logical and connected to the offense. A first step could be taking away social privileges i.e. recess or lunch in the cafeteria.

#### Notify colleagues and parents.

Let the bully know he or she is being watched.

#### Follow up and intervene as necessary.

Support the bullied child and the bully, enabling them to vent feelings and recognize their own behavior. The bully may need to learn new methods of using his or her power and influence in the classroom.

#### The Don'ts

#### Do not confuse bullying with conflict.

Bullying is a form of victimization, and addressing it as a "conflict" downplays the negative behaviour and the seriousness of the effects. Educators should strive to send the message that "no one deserves to be bullied," and to let the bully know the behaviour is wholly inappropriate.

Bystander Effect

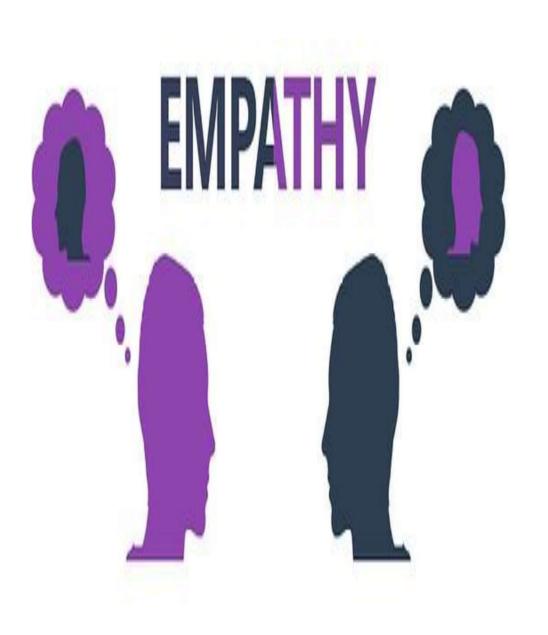
How is this relevant to bullying?



#### How to stop a bully



What are the key learning points from that video? Discuss in groups



Part 1 - I'm a teacher not a psychologist!
But I can...

Dealing with the shame/embarrassment of the bullied student....

- 1. I see what you are going through....
- 2. I see how hard this is for you....
- 3. I care about you and I want you to be happy in my class....
- 4. I'm so sorry you have to go through this....



Part 2 - I'm a teacher not a psychologist!
But I can...

Share personal experience in a way that helps students who are being bullied

**Mhy**s

## Students feel like they are the only one



Bullied students feel isolated, ashamed and reluctant to talk. Sharing personal experiences can help but must be done right



We should be careful with this because we don't want to dump our pain on our students



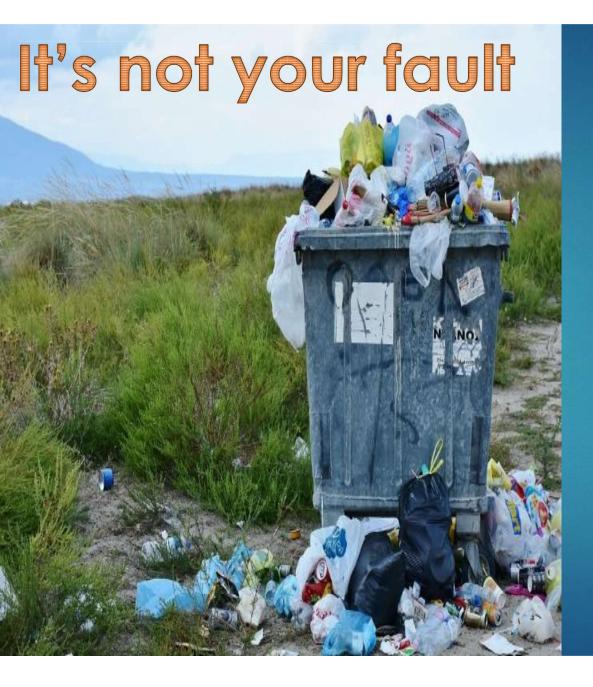
Here are some tips on sharing personal experience

### How to share personal experience part 1

- Find an experience in your life that is somewhat similar
- Say something like... 'when I was (being left out or picked on) this is how I felt.... (lonely, rejected, sad)
- This shows students that they are not the only one
- Important: This should be a story that has been fully emotionally processed. If it is a story that still brings up pain this would not be appropriate.
- Model behaviour: Being vulnerable with emotions working through them and processing them sharing them with others feeling better and working towards solutions

### How to share personal experience part 1

- Emphasize that these feelings (the ones from your story and the feelings your student is feeling) are normal
- Emphasize that other students feel these feelings too
- Every student experiences being lonely, isolated or rejected in some way – maybe not at school, maybe at home
- Loneliness, isolating, rejection are normal human experiences
- 'There is nothing wrong with you for feeling these feelings'
- You have these feelings because you are going through something hard, it doesn't mean that there is anything wrong with you, your feelings while tough, are normal



Part 3 - I'm a teacher not a psychologist!
But I can.....

People who are bullied assume it's their fault.

- 1. A bully's behaviour is not about you, it is connected to their own pain.
- 2. Problems inside a bully are like garbage, when they are mean they are dumping the garbage on you.
- 3. Think about the bully. What is their life at home like? Do they feel insecure?
- 4. What do you do when you feel pain? E.g. reject people before they reject you?

Part 4
How to
empower
victims of
bullying

Students who are bullied feel powerless, unlikable and that it's never going to end.

What can we do?

Help students to find their power.

Show them that they have the power to change what they are going through

How can we do this?

'You have power over your reactions'

We can't help what people are doing to us but CAN decide how we respond to it.

As soon as your students start understanding that the sooner the whole situation starts to change for them.

'If you do something different things WILL change.'

Throwing a ball. If you don't throw the ball back they are going to get bored and do something else. What represents 'throwing the ball back'?

You want to re-enforce that it's not fair that they have to be the one to change – the other person *should* be the one to change. BUT we don't want your students to get stuck in that sense of unfairness.

Even though the other person (the bully) *should* be changing; your students still have the power to do something different

Changing reaction => Changing the dynamic => process of empowerment

## 'What can you do?'

- Help them brainstorm this
- What are some different reactions you could have?
- What are some different ways you can handle this?
- What can you do to feel a bit better?
- When they are bullying you can you turn it into a joke? Can you walk away?

It doesn't really matter what they pick as long as they're doing something different that they have chosen they will start to see that they have power.

A power that has nothing to do with what the other person is doing.

They will start to see that their actions can become completely independent of what the bullies are doing





## SEL Activity Self Awareness/Social Awareness Into the Spotlight

Students form circle, teacher calls out things like everyone with glasses, and then all students with glasses step into the centre.

Then the teacher calls out something else, like: everyone who has been in the US. Students with glasses that have been to the US remain in the circle, the others step out, and those who have been in the US but do not have glasses step

'Find friends that appreciate you'

It's much easier for students to get perspective when they find a peer group that understands them and shares their interest and values

Suddenly, they realise that they don't have to listen to those people that are being mean to them **because** they have the support of people validate who they are as a person

When students meet people who have the same interests as them there is huge relief. 'Thank god I'm not the only one'

## SEL Activity Gratitude

What three things are you grateful for this morning?

Write them down

Share with your partner

# **SEL Activity Social Awareness & Empathy**

# SEL Tool – Self Awareness/Appreciating difference/setting goals\_

